

YOU ARE NOT YOU ALONE

A white silhouette of a person riding a horse, positioned in the center of the large text 'YOU ARE NOT YOU ALONE'.

US Equestrian wants you to know: if you are a victim or survivor of sexual abuse or suspect abuse of any kind, there are resources and people to help.

REPORT

833-5US-SAFE or uscenterforsafesport.org/report-a-concern

24/7 HELPLINE

866-200-0796 or visit safesporthehelpline.org

TRAINING & RESOURCES

Free to US Equestrian members at usef.org/safesport.

#youarenotalone

