

USEF Para-Equestrian Dressage Coach Certificate Program

ORGANIZERS GUIDE | SEMINARS & PRACTICUMS



COE SEMINAR ORGANIZERS & PRACTICUM HOST SITE GUIDE

Para-Equestrian Dressage Coach Certificate Program

USEF – CENTRAL OFFICE RESPONSIBILITIES

PRE-EVENT

- LODGING OPTIONS FOR FACULTY
- TRANSPORTATION FOR FACULTY
- CREATE SEMINAR FLYER WITH HOST SITE DETAILS
- PROCESS APPLICATIONS - COACH CANDIDATES, INCLUDE COACH BIOS WITH EVENT MATERIAL
- CLASSIFICATION DOCUMENTS, IF CLASSIFICATION FOR ATHLETES IF OFFERED
- VETERAN PROGRAM FUNDING, IF APPLICABLE
- EMAIL COMMUNICATIONS TO COACHES RE: PROCESS/TIMING, PLAN AHEAD OF TIME
- SEND EDUCATIONAL MATERIAL AHEAD OF TIME TO COACHES
 - » USEF PARA-DRESSAGE STRUCTURE & PATHWAYS
 - » PARA-EQUESTRIAN WEBINAR FLYERS
 - » SHADOW COACHING TECHNIQUE
 - » COACH DEVELOPMENT PLAN
 - » LONG-TERM ATHLETE DEVELOPMENT
 - » PARALYMPIC EQUESTRIAN INITIATIVE FOR VETERANS FLYER
- ESTABLISH CAPACITY FOR NUMBER OF COACHES/RIDERS PER FACULTY'S REQUEST
- DRESS CODE FOR RIDERS, COACHES, AND AUDITORS - ATSM APPROVED HELMET FOR RIDERS, REMINDERS TO KEEP CELL PHONES OFF DURING SESSIONS
- DECISION ON AUDITORS/NO AUDITORS PER EVENT

POST EVENT

- EMAIL CONTACT LISTS AFTER EVENT
- EVENT FEEDBACK FORM
- UPLOAD INFO INTO USEF COACH DATA BASE IF APPLICABLE

HOST SITE RESPONSIBILITIES

- ACCESSIBLE LODGING OPTIONS FOR RIDERS AND AUDITORS
- LUNCH PROVISION - INCLUDE DIETARY NEEDS
- RECEPTION LOCATION - INCLUDE DIETARY NEEDS
- SNACKS/BEVERAGES
- ACCESS TO CENTER BASED DEMO RIDERS
- INFO PACKET - DEMO RIDER BIOS AND HORSE BIOS
- NAME TAGS FOR ALL ATTENDEES
- PA SYSTEM - MIC ON PRESENTERS
- MAKE SCHEDULE OF RIDES/LECTURES/MEALS - PLAN TIME FOR HORSE/RIDER/COACH TO GET ACQUAINTED AHEAD OF TIME (15-30 MIN.)
- MATCH HORSES AND RIDERS - ASSIGN APPROPRIATE TACK
- SPONSOR THANK YOUS TO BE ANNOUNCED AT THE START OF PROGRAM
- ARENA ACCOMMODATIONS - ALL WEATHER DRESSAGE ARENA AND FACILITY ACCESSABILITY
- STALLS FOR TRUCK INS - EMERGENCY CONTACT NUMBERS FOR HORSE AND HEALTH CERTIFICATES
- SEATING FOR COACHES/AUDITORS
- PHOTOGRAPHER PROVISION

Coach & Athlete Development Seminar

PARA-EQUESTRIAN DRESSAGE



January 13-14, 2019 | 9am-4pm

at **Vinceremos Therapeutic Riding Center**,
13300 Sixth Court N., Loxahatchee, FL

Join us for a 2-day USEF-sanctioned seminar designed for athlete and coach development in para-equestrian dressage. Dressage coaches, adaptive riding instructors, and eligible athletes are encouraged to attend. Each day will start with morning lectures followed by 45-minute private mounted sessions, either as a coach or athlete. A participating athlete's coach is encouraged to learn the essential shadow-coaching technique*, allowing for individualized feedback and continual assessment. Registrants will receive information on how to prepare for a coaching session, as well as webinars on Para-Equestrian Sports as prerequisites for the seminar.

Space is limited to 6 riders. Auditors are welcome.

**Shadow Coaching is a specific and advanced application of coaching based on observation and feedback from the Master Coach, with reflective practice by the learning coach and athlete.*



For more information/registration:
Susan Guinan, *Vinceremos Therapeutic Riding Center Chief Operating Officer* at
(561) 792-9900 or email
susan@vinceremos.org

This seminar is eligible for USEF continuing education credits, however is *not* part of the formal USEF Para-Equestrian Dressage Coach Certificate Program.

LECTURE TOPICS

- Introduction to the new USEF Para-Equestrian Dressage Coach Certificate Program
- Coaching Principles and the 'How to' versus the 'What'
- The 'Shadow Coaching Concept'

FACULTY

Michel Assouline, *USEF Para-Equestrian Dressage Technical Advisor & Head of Coach Development*, will be joined by Center Of Excellence staff. Michel is an International Dressage/Para-Dressage Trainer with over a decade of Paralympic and FEI Dressage coaching experience, and most recently completed his tenure as Head Coach for the undefeated U.K. Para-Dressage Team. Michel has conducted Coach Development Seminars for the Danish and French Federations, and is part of the FEI Solidarity Coach Education Programme working group. He is leading the development of the USEF Para-Equestrian Dressage Coach Curriculum.

REGISTRATION

Deadline: January 7th, 2019

2-Day Tuition, Athlete or Coach:

- Riding Session Included - \$300
- Auditing Only - \$100

Scholarships are available.

Eligible coaches and athletes who are veterans or military personnel may attend free of charge.



FREE PARA-EQUESTRIAN WEBINARS

PARA-EQUESTRIAN RESOURCES & EDUCATION



The USEF/USPEA International Para-Equestrian Dressage Centers of Excellence has provided four webinars intended for coaches and athletes as a basis of Para-Equestrian Sport education.

- **Introduction to Para-Equestrian Dressage**
- **Introduction to Para-Equestrian Driving**
- **Understanding Para-Equestrian Classifications**
- **Understanding Impairments in Para-Equestrian Sports**

The webinar videos can be viewed at the following link: <https://www.usef.org/network/coverage/USParaWebinars> Each video has a Power Point/PDF link that is intended as a Companion Document for each presentation, and it contains all of the hyperlinks to the downloadable course material. These are ideal for:

- Athletes with a permanent, measurable disability considering a para-equestrian sport track.
- Veterans meeting eligibility criteria who can access VA training allowances and ongoing support within the sport pipeline.
- PATH, International Instructors seeking competitive equestrian sport options for riders/drivers with disabilities.
- Dressage and Driving Coaches who want to support para-equestrian athletes through coach education.
- Directors and Practitioners at PATH Centers, Adaptive Sport Clubs and Veterans Service organizations who want to learn more about these sports.

This material is offered free of charge thanks to the generous funding support of the Department of Veterans Affairs through an Adaptive Sport Grant, awarded to Carlisle Academy Integrative Equine Therapy & Sports, and was done in partnership with United States Equestrian Federation and the Professional Association of Therapeutic Horsemanship. The primary aim is to provide an introductory para-equestrian learning curriculum, while raising awareness about the Paralympic equestrian sport initiative for veterans.

Part of a USEF/USPEA International Para-Dressage Center of Excellence Program



Support funding provided Dept. of Veteran Affairs

Disclaimer: This program is funded in part by a grant from the United States Department of Veterans Affairs. The opinions, findings, and conclusions stated herein are those of the author and do not necessarily reflect those of the United States Department of Veterans Affairs.



SHADOW COACHING TECHNIQUE

STRUCTURE OF THE LESSON: Preparation/Delivery/Evaluation

Shadow Coaching: The shadow coaching technique is defined as two coaches and one demonstration rider taking part in a training context. In this scenario, the coach trainee is presenting the material and technique to the rider while the shadow coach is evaluating and offering support directly to the coach trainee (and not to the rider) during the session. It is a unique experience of a coach's reflective practice, allowing time and space to observe and absorb in a mirroring effect. Once the session is over the coach trainee receives formal feedback from the rider, the shadow coach, and the Master Coach. An interactive discussion with fellow coaches can follow. Shadow coaching at competitions is a way to reinforce coaching effectiveness and prepare for unexpected challenges.



1) PREPARATION:

- These seminars/practicums will utilize a shadow coaching structure. Each coach will have an opportunity to be the coach trainee and the shadow coach, and will switch roles on Day 2.
- Prior to the lesson, both coaches will interview the rider about goals, challenges, adaptive equipment used, and type of mount.
- Together the coaches will set a plan for the 45 or 30 minute session (lower grade sessions more likely to be 30 minutes) focusing on one key riding competency/lesson objective (e.g. establishing contact). Coaches will be open to making adjustments on the lesson objective as the lesson warrants (e.g. safety, proficiency, horse movement, issues).
- Coach trainee will warm up rider 15 minutes ahead of time in separate arena. A safety check and preliminary rider/horse evaluation will take place.

SHADOW COACHING TECHNIQUE *(cont.)*

2) DELIVERY

- Coach trainee will introduce herself/himself, as well as the shadow coach, demonstration rider and the horse.
- Coach trainee will move to core of the lesson and state specific lesson objective, as the warm up has already taken place.
- Coach trainee will use both quantitative (what) skills and qualitative (how) skills to deliver the lesson.
- Coach trainee will be aware of coaching style/attributes/approach for teaching lesson.

THE “WHAT” OF THE LESSON

Technical riding skills to perform dressage movements accurately and in harmony with the horse, for example:

- Dressage Training Scale (rhythm, suppleness, contact/connection, impulsion, straightness, collection)
- Transitions within the gait/ in and out of the gait
- Lateral Work
- Test Movements/Ring Figures/Accuracy

THE “HOW” OF THE LESSON

- Explaining the human biomechanics that influence the horse’s ability to perform dressage movements
- Effective use of aids (natural, artificial, compensating)
- Use of visual demonstrations

UTILIZING COACHING ATTRIBUTES

Coaching Philosophy/Soft Skills:

- Check in on understanding
- Clear communication
- Repetition and practice
- Positive reinforcement
- “Micro coaching”/breaking something down into smaller, more manageable parts
- Reflective practice

3) EVALUATION

- At the end of the session, solicit feedback from the rider about performance, understanding, and challenges.
- Solicit feedback from the shadow coach, from the Master Coach, and from fellow coaches in the gallery regarding the coach trainee’s delivery, effectiveness, overall understanding and performance.
- Reflect and plan for Day 2 with a shadow coach/coach trainee role change.

LTAD MODEL *(Long Term Athlete Development)*

1/FUNDamentals 2/Learning to train 3/Training to train 4/Training to compete 5/Training to win

PHASE	HORSE <i>(type needed)</i>	STAFFING <i>(team needed)</i>	FACILITIES <i>(facilities needed)</i>	INTENTIONS OF SESSIONS <i>(KPI's and areas of development)</i>
PHASE 1 Fundamentals	Therapy Horse Mechanical Horse	<ul style="list-style-type: none"> • Therapist Led • Coach Supported • Volunteer Assisted 	Therapy room <i>(preferably indoor school)</i>	<ul style="list-style-type: none"> • Fun, Posture, Trust Balance - basic confidence, safety, safe and confined
PHASE 2 Train to Ride	Riding School Horse	<ul style="list-style-type: none"> • Therapist Supported • Coach Led • Volunteer Assisted 	<ul style="list-style-type: none"> • 40 x 20 arena • Correct markers • Indoor school • D, X, and G marked Marker – for circles etc. 	<ul style="list-style-type: none"> • Suppleness, Balance - subtle • Accuracy - spatial awareness • Position, Safety and Confidence • Transitions & School Movements
PHASE 3 Train to Train	School Horse <i>or</i> Own Horse	<ul style="list-style-type: none"> • Therapist supported <i>(incl. strength and conditioning-sport psychology)</i> • Master Coach led • Athlete input 	<ul style="list-style-type: none"> • Introduce riding out <i>(Outdoor school - grass/different surfaces)</i> • White boards • Broken/solid arena <i>(inside a larger school)</i> 	<ul style="list-style-type: none"> • Balance and suppleness • Knowledge, effectiveness • Challenges - taking control • Analyzing • Dressage test
PHASE 4 Train to Compete	Competition Horse	<ul style="list-style-type: none"> • Team Assisted • Experienced Coach Supported • Athlete Led 	<ul style="list-style-type: none"> • Dressage arena <i>(correct size)</i> • More riding out <i>(different venues away from home)</i> 	<ul style="list-style-type: none"> • Transferability of skills • Influence, balance and suppleness • Knowledge, effectiveness
PHASE 5 Train to Win	Competition Horse	<ul style="list-style-type: none"> • Team supported • Athlete driven <i>(autonomous)</i> 	Able to ride anywhere and cope in any environment	<ul style="list-style-type: none"> • Coping under pressure • Winning mindset • Harmony/partnership • Test riding • Mental preparation • Strength and conditioning

COACH DEVELOPMENT PLAN (CDP)

Para-Equestrian Dressage Coach Certificate Program

Name: _____

Address: _____

Email: _____ Cell No: _____

Time in Coaching: _____ Date of plan completion: _____

ACADEMIC & CAREER HIGHLIGHTS

YEARS	LOCATION	WHAT

CAREER ASPIRATIONS

COACH DEVELOPMENT PLAN (CDP)

Para-Equestrian Dressage Coach Certificate Program

ENHANCING YOUR STRENGTHS					
STRENGTH	GOAL	ACTION	SUCCESS MEASURES	WHEN	WHO IS INVOLVED?

AREAS OF IMPROVEMENT					
IMPROVEMENT AREA	GOAL	ACTION	SUCCESS MEASURES	WHEN	EXPERT SUPPORT & CHOICE

COACH DEVELOPMENT PLAN (CDP)

Para-Equestrian Dressage Coach Certificate Program

ACTIVITY ACHIEVED & NO LONGER PURSUING		
ACTIVITY	PLAN	TIMESCALE

OTHER COMMENTS	
SIGNED:	DATE:
MENTOR COACH SIGN OFF:	DATE:

STANDARD AND NON-STANDARD COMPENSATING AIDS

Para-Equestrian Dressage Coach Certificate Program

Compensating Aids or allowance	Refer to Rule number for full details	Who can use it (Standard aids, equipment allowed as described in the FEI PE Dressage rules January 2016)	Included on Classification Master List
Voice	8418.3	As Determined through Classification process	No
Salute with head only	8430.1	All athletes	No
Sitting or rising trot	8404.5	All athletes	No
Gloves optional	8427.6	All athletes	No
Spurs optional	8427.8	All athletes	No
Offset spurs	8427.9	As determined through Classification process	Yes
Electronic communication devices	8427.8 8430.14.3	As determined through Classification process	Yes
Saddle-any type	8428.4.1	All athletes	No
Deep saddle	8428.4.1	All athletes	No
Raised pommel or cantle	8428.4.1	As determined through Classification process	Yes
Seat saver	N/A	As determined through Classification process	Yes
Soft (flexible) hand hold	8428.4.2	All athletes	No
Hard (firm) hand hold	8428.4.2	As determined through Classification process	Yes
1 whip	8428.6	All athletes	No
2 whips	8428.6	As determined through Classification process	Yes
Non conventional or curved whip	8428.6	As determined through Classification process	Yes
Breast plate and/or neck strap	8428.7.1	All athletes	No
Reins, including split rein on double bridle	8428.7.1 8428.7.2	All athletes	No
Foot reins	8428.7.1	As determined through Classification process	Yes
Loop reins	N/A	As determined through Classification process	Yes
Connecting rein bar	N/A	As determined through Classification process	Yes
Reins through ring on saddle	8428.7.2	As determined through Classification process	Yes
Elastic inserts in reins	8428.7.1	All athletes	No
Velcro - amount	8428.7.4.1	As determined through Classification process	Yes
Strap stirrup leather or stirrup iron to girth	8428.7.5	As determined through Classification process	Yes
Elastic bands on stirrups	8428.7.7	All athletes	No
Magnetic stirrups	8428.7.7	All athletes	No
Enclosed stirrups	8428.7.8	All athletes	No
No stirrups	8428.7.8	As determined through Classification process	Yes
Commander (to call the test)	8430.14.2	As determined through Classification process	Yes
Use of sign language	8430.14.3	As determined through Classification process	Yes
Callers (for athletes with Visual impairment)	8430.14.8	As determined through Classification process	Yes
Beacon beeper	8430.14.8	As determined through Classification process	Yes
safety vests including inflatable	8428.7.5	All athletes	No
Non standard compensating aids	8427.1	Aids or equipment not described above. Must be approved by the FEI Compensating Aids Panel and supported through Classification process	Yes

SEMINAR/PRACTICUM EVALUATION FORM

Para-Equestrian Dressage Coach Certificate Program

Name: _____

Date: _____ Location: _____

Please rate the quality of your experience & overall satisfaction (use "N/A" if the question does not apply or you didn't participate in the specific lecture/lesson).

4 = Excellent | 3 = Good | 2 = Average | 1 = Satisfactory

COMMUNICATION PRIOR TO PROGRAM:

4	3	2	1	Comments:
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LECTURES/OTHER:

Value of self-study, exams, or reflection checkpoints prior to start of the program/seminar?

4	3	2	1	Comments:
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Value of Lecture/Theory Portion at Practicum/Seminar:

4	3	2	1	Comments:
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Effectiveness of Simulated Coaching Sessions

4	3	2	1	Comments:
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FACILITY & SUPPORT STAFF:

4	3	2	1	Comments:
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What did you like most? _____

What did you like least? _____

What additional feedback from USEF faculty would be helpful? _____



PARALYMPIC EQUESTRIAN SPORT INITIATIVE FOR VETERANS

PIPELINE DEVELOPMENT

Athlete Development • Coach Education • Classification Opportunities



The *Paralympic Equestrian Sport Initiative for Veterans* is a national initiative designed to support the growth and participation of eligible veterans with disabilities in para-equestrian sports (specifically para-dressage and para-driving). This initiative is coordinated by Carlisle Academy Integrative Equine Therapy & Sports, and is funded by a Federal Adaptive Sports Grant under the U.S. Department of Veterans Affairs, in partnership with the United States Equestrian Federation and the Professional Association of Therapeutic Horsemanship. Participating USEF/USPEA International Para-Dressage Centers of Excellence (COE) and other approved centers will offer clinics, outreach, and ongoing education to emerging athletes and coaches to develop the sport pipeline.

PIPELINE DEVELOPMENT GOALS INCLUDE:

- Utilizing gold-medal coaching experts to provide para-dressage and para-driving clinics and symposia at COEs and other select national locations as training, sport classification, and awareness-building opportunities.
- Providing a National Para-Equestrian Coach Development Program to enhance coaching support of eligible veterans.
- Creating a strong foundation of Para-Equestrian education through online workshops/webinars.
- Encouraging para-eligible veterans to participate with the VA's Monthly Assistance Allowance Program to fund training and competition.
- Coordinating with veteran-oriented competitions and games to promote inclusion of Para-Equestrian sports.

For more information, contact Sarah Armentrout, Carlisle Academy Head of School & National Coordinator of the Paralympic Equestrian Sport Initiative for Veterans at sarmentrout@carlisleacademymaine.com or (207)985-0374.

What is Para-Equestrian Sport?

Para refers to parallel to able-bodied sports, designed for the independent rider/driver with permanent, physical and visual disabilities seeking a competitive track. Athletes may pursue a national or international sport classification which allows them to compete at recognized national and international horse shows in Para-Equestrian dressage or Para-Equestrian driving. Both sports are governed by USEF (national) and FEI (International) and are conducted in a similar fashion to their conventional counterpart (dressage and combined driving), but with riders divided into different competition sport classes/grades based on their functional abilities. Para-Equestrian dressage is the only equestrian discipline recognized at the Paralympics.

For more information on Para-Equestrian Sports or to access the application for the VA Allowance, visit www.usef.org or contact Lauren Johnson, USEF Para-Equestrian Discipline Director at lkjohnson@usef.org or (859)225-7693.

Part of a USEF/USPEA International Para-Dressage Center of Excellence Program



Support funding provided Dept. of Veteran Affairs

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CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS



VETERAN ASSISTANCE PROGRAM FOR PARA-EQUESTRIAN DRESSAGE

U.S. Department of Veterans Affairs

The VA supports military veterans in their efforts to represent the USA at International equestrian competitions. Veterans who demonstrate exceptional sport skills and the commitment necessary to pursue elite-level competition are given guidance on securing the training, support, and coaching needed to qualify for Team USA and achieve their Para-Equestrian dreams.

The VA Para-Equestrian Program helps to provide a monthly assistance allowance for disabled Veterans of the Armed Forces, as authorized by section 703 of the Veterans' Benefits Improvement Act of 2008.

Through the program, the VA will pay a monthly allowance to a Veteran with a service-connected or non-service-connected disability if the Veteran meets the minimum military standard or higher (i.e. Emerging, Talent Pool, National Team) in his/her respective sport at a recognized competition.

GENERAL PARA-EQUESTRIAN DRESSAGE ELIGIBILITY REQUIREMENTS:

In addition to meeting the military standard, athletes must:

- Be 17 years or older.
- Be a U.S. citizen/Veteran.
- Must be a current member of USEF at the time that the Required Scores are achieved.
- Be medically eligible in accordance with the FEI Classification Manual for Para-Equestrian Competitions, <http://inside.fei.org/sites/default/files/FEI%20Para%20Equestrian%20Classification%20Manual%20Final.pdf>
- 5th Edition, April, 2017 Effective 24 April 2017 and Article 8422 of the Rules for FEI Para-Equestrian Dressage Events to compete in Para-Equestrian dressage competitions. To do so, riders shall have either a national or international Para-Equestrian classification and be assigned a Grade. For more information regarding classification, visit the FEI website at <http://inside.fei.org/fei/disc/para-dressage/about>. To schedule a national or international classification, contact Laureen Johnson at the USEF at 859-225-7693.
- Ride independently (without side aides).

REQUIRED SCORES:

- A total of one score for each must be submitted as follows for the current competition year:
 - » One "Team" test score;
 - » One "Individual" test score;
- The minimum score of any FEI Novice Test A, FEI Novice Test B, FEI Introductory Test A, FEI Introductory Test B, FEI Individual or FEI Team test submitted must be 60% or higher;
- Scores may be submitted from any horse/rider combination;
- Scores shall be achieved at the Individual or Team test of the rider's Grade level (Gr. I – V). FEI Para-Dressage Tests may be found at <http://inside.fei.org/fei/your-role/organisers/p-e-dressage/tests>
- All test scores (both rider and/or horse) must be achieved at USEF or FEI Para-Equestrian licensed competitions. FEI PE tests must be scored by a USEF "R" rated judge or above, or an FEI PE recognized judge.

REPORTING REQUIREMENTS

Athletes are required to submit legible copies of all qualifying tests, clearly indicating the name of the judge and competition at which the scores were achieved to Laureen Johnson, USEF High Performance Director of Para-Equestrian Programs at the address below.

USEF
P.O. Box 83
Gladstone, NJ 07934

lkjohnson@usef.org

Attention: Laureen Johnson, High Performance Director of Para Equestrian & Vaulting Programs

USEF Fax: 908-234-9417

Once received by the USEF, the scores will be recorded and Eligibility Certification will then be forwarded to Michael Welch of the VA for consideration to the Veterans Assistance Program.

To learn more about the Para-Equestrian monthly assistance allowance, contact Laureen Johnson, USEF, at lkjohnson@usef.org or 859-225-7693 or Michael Welch, Paralympic Program Specialist, Office of National Veterans Sports Programs and Special Events at the Department of Veterans Affairs at Michael.Welch5@va.gov or 202-632-7136. Web: <http://www.va.gov/adaptivesports/>

VETERAN ASSISTANCE PROGRAM FOR PARA-EQUESTRIAN DRIVING

United States Equestrian Federation and U.S. Department of Veterans Affairs

The U.S. Equestrian Federation supports Para-Equestrian-eligible military Veterans in their efforts to represent the USA at upcoming Para-Equestrian World Championships and other International competitions. Veterans who demonstrate exceptional sport skills and the commitment necessary to pursue elite-level competition are given guidance on securing the training, support, and coaching needed to qualify for Team USA and achieve their Para-Equestrian dreams.

Through a partnership with the United States Department of Veterans Affairs, the VA Paralympic Program Office helps to provide a monthly assistance allowance for disabled Veterans of the Armed Forces, as authorized by section 703 of the Veterans' Benefits Improvement Act of 2008.

Through the program, the VA will pay a monthly allowance to a Veteran with a service-connected or non-service-connected disability if the Veteran meets the minimum military standard or higher (i.e. Emerging, Talent Pool, National Team) in his/her respective sport at a recognized competition.

GENERAL PARA-EQUESTRIAN DRESSAGE ELIGIBILITY REQUIREMENTS:

In addition to meeting the military standard, athletes must:

- Be 17 years or older.
- Be a U.S. citizen.
- Must be a U.S. Veteran with a permanent, physical disability
- Must be a current member in good standing of USEF at the time that the Required Scores are achieved.
- Be medically eligible in accordance with the FEI Classification Manual for Para-Equestrian Competitions, 5th Edition, April 2017 rules for FEI Para-Equestrian Driving Events to compete in Para-Equestrian Driving competitions. To do so, Drivers shall have either a National or International Para-Equestrian Classification and be assigned a Grade. For more information regarding Classification, visit the FEI website at <http://www.fei.org/fei/regulations/driving>
- To schedule a National or International Classification, contact Laureen Johnson at the USEF at 859-225-7693.
- Drive independently (without second reins).

OTHER REQUIREMENTS:

- Must comply with all USEF and ADS (American Driving Society) requirements.

REQUIRED SCORES:

- A total of two scores for each must be submitted as follows for the current competition year:
- The minimum score of two driven FEI or ADS Dressage Tests at or above the ADS Preliminary Level at two USEF or ADS sanctioned Combined Driving Event must be below 65 penalty points and the entire event must have been completed successfully without Elimination, Retirement nor Disqualification.
- Scores for the entire event may be submitted from any horse/driver combination;
- All test scores (both driver and/or horse) must be achieved at ADS, USEF or FEI Para-Equestrian licensed competitions. FEI PE tests must be scored by a USEF "R" rated judge or above, or an FEI PE recognized judge. ADS tests must be scored by ADS "R" rated judges or above.

REPORTING REQUIREMENTS

Athletes are required to submit legible copies of all qualifying tests, clearly indicating the name of the judge and competition at which the scores were achieved to Laureen Johnson, USEF High Performance Director of Para-Equestrian Programs at the address below.

USEF
P.O. Box 83
Gladstone, NJ 07934
lkjohnson@usef.org
Attention: Laureen Johnson, High Performance Director of Para Equestrian & Vaulting Programs
USEF Fax: 908-234-9417

Once received by the USEF, the scores will be recorded and added to the USEF Para-Equestrian List. Scores will then be forwarded to the U.S. Department of Veterans Affairs for consideration to the Veterans Assistance Program.

To learn more about the Para-Equestrian monthly assistance allowance, contact Laureen Johnson, USEF Director of Para Equestrian and Vaulting, 859-225-7693, or via email lkjohnson@usef.org.