

USEF Para-Equestrian Dressage Coach Certificate Program

AGENDA

FAST TRACK AGENDA

Wheatland Farm, 15158 Berlin Turnpike, Purcellville, VA, October 20-21, 2024. USEF reserves the right to alter the content as necessary.

	TIME	ACTIVITIES	LOCATION	FACULTY/ PARTICIPANTS
DAY 1	Morning 8:30 - 11:30	Competencies 1 & 2: Coaching Foundation & Sport Specific Knowledge and Skills (Lecture/Theory) <ul style="list-style-type: none"> Review coaching philosophy and principles Coaching pedagogy (the "How to" vs. the "What") Review the Shadow Coaching System (video of model) Review sample session plan with goals, structure, and equipment selection. (preparation/delivery/evaluation) Develop a Coach Development Plan (CDP) Review Long Term Athlete Development (LTAD) Review access to Para-Equestrian grades, classification, and rules Review USEF Para-Dressage Structure and Pathways document 	Wheatland Farm meeting space to be determined	Michel Assouline Master Coach
	12:00 - 1:00	Lunch	On site	All Registered individuals
	Afternoon 1:00 - 4:00	Competencies 3 & 4: Technical Riding Skills & Equine Management (Lecture/Theory) <ul style="list-style-type: none"> Horse suitability for Para-Dressage (conformation, temperament, gaits, natural characteristics, physical condition, strengths and weaknesses) Rider assessment (strengths and weaknesses and disability considerations) Differentiate between standard training scale vs. adaptive training scale particularly for the lower para grades Best practices for bridging between warm up and competition arena Discuss purpose and benefit of virtual test riding/virtual competition 	Wheatland Farm	Michel Assouline Master Coach USEF Faculty
	4:00 - 5:00	Group Debrief/Review Plan for Day 2	Wheatland Farm	all USEF Assessors
DAY 2	Morning 8:00 - 12:00	Final Assessments - Each coach presents their athlete and plan for final assessment - 20 minutes plus 10 minutes for Assessor feedback.	Wheatland Farm	Michel Assouline USEF Assessors Demo Riders
	12:30 - 1:30	Lunch	On site	All Registered Individuals and demo riders